

6 TIPS TO KEEP OUTLOOK RUNNING SMOOTHLY



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WINDOWS 7 RELEASED WHAT'S THE DIFFERENCE?

Microsoft released its latest Windows operating system – Windows 7 – on the 22nd October 2009. The 3 main versions are Home Premium, Professional and Ultimate, all having improved desktop navigation, Internet Explorer 8, Windows Media Centre and higher performance than Windows Vista.

Windows 7 Professional is the edition that most companies will use, as this is the direct replacement for Windows XP Professional or Windows Vista Business and it has the ability to connect to a company domain. One interesting feature in Professional (and Ultimate) is Windows XP Mode, where it runs a virtual Windows XP environment so applications that do not run in Windows 7 can still be used, meaning the corporate world can migrate to Windows 7 faster than any previous operating system release.

The other main area of interest is the 64-bit version of Windows 7. While 64-bit operating systems have been available for several years, Windows 7 is the first to make it highly compatible for end users and their applications. Windows 7 64-bit can handle larger amounts of information than the previous standard 32-bit system, as it can use more RAM (over 4Gb) so if you have a need to run many applications simultaneously, then 64-bit is for you (although note you cannot upgrade a 32-bit system to a 64-bit system).

Other new features in Windows 7 are: an improved taskbar containing previews, bigger icons, and icon pinning; Jump lists provide speedy access to favourite pictures, websites and documents; Snap is a quick way to resize windows (great with multiple monitors); and Windows Search has been totally revamped and now actually works.

BE NICE TO THE HOST

A website owner in the US has come to understand the importance of being polite after the company that hosted him terminated the hosting contract.

The website owner was late paying his fees, so the host temporarily suspended his website. In response to this, the website owner telephoned the host, using obscene language threatening legal action if the site was not reinstated immediately.

The abuse was a breach of the hosts Acceptable Use Policy, grounds for immediate termination according to the contract.

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ASP RECOMMENDS - OUTLOOK MAINTENANCE

Email has become such a large part of business, and anything that makes Outlook run slowly or, touch wood, crash is a major problem. Luckily there are a few simple tips to keep Outlook running smoothly.

Look closely before opening attachments - It's very easy to absentmindedly click on attachments received in email messages which can cripple Outlook and other programs. One of the best defenses against email borne viruses and infections is to simply avoid clicking on attachments or hyperlinks in emails that you are not expecting.

Empty the trash - Outlook stores messages, including large attachments, in one file. That storage file includes the Deleted Items folder. If you don't empty

the Deleted Items folder, deleted email continues contributing to huge mailbox sizes. Regularly empty the Deleted Items folder. Better yet, configure Outlook to automatically empty Deleted Items when exiting the email application. To do so, click Tools, select Options, click the Other tab, select Empty The Deleted Items Folder Upon Exiting, and click OK.

Archive mail - Outlook performs optimally when using smaller mailboxes. Regularly archive mail by clicking File and selecting Archive, or just click yes if Outlook asks you to AutoArchive. This will create separate, standalone archive files and maintain reasonably sized mailboxes.



Avoid large attachments

- Messages with attachments larger than 5MB are often discarded by many email servers, so avoid sending attachments larger than 3MB. If you are sending to multiple recipients, remember that the mail server multiplies the message before sending, so if you have 40 recipients of your 3MB attachment, you're forcing the server to process 1.2GB of mail at once, and is likely to take a very long time doing it.

Abandon stationery - Stationery is the pretty templates

Microsoft includes within Outlook, and it makes each of your messages larger, contributing to the size of your mailbox and the mailboxes of your recipients.

SIX WORD STORY

Will this do (lazy writer asked)?

- Ken MacLeod

WINDOWS 7 RELEASED

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Windows 7 now starts up and resumes from sleep faster than previous Windows versions, the Wireless network management is easier to use, and the new power management functions are great for laptop users.

Now for some fine print... Windows XP Mode require a license of Windows XP, a hardware supported virtualization technol-

ogy and an extra 1Gb of RAM and 15Gb of hard drive storage. Most of the desktop enhancements (including Snap) require a supported video card. While Windows 7 comes with Internet Explorer 8 installed, for the first time Windows will allow Internet Explorer to be uninstalled.

While the minimum specification from Microsoft say you need a 1GHz CPU and 1Gb RAM, we recommend a Dual-Core CPU and 2Gb RAM as the minimum.

From October 22 virtually all new PC's and laptops will come with Windows 7 preinstalled, and Windows Vista, and XP will disappear altogether.

ASP TESTS - CANON 450D dSLR

The Canon 450D is an entry level Digital SLR camera that gives some advanced options to amateur photographers who are coming from a basic point-and-shoot style digital camera. It's perfect for taking quick, professional looking shots of new products, sites and people for websites, newsletters and other promotional material.



this will be used by the amateur who is the typical target market for this range of cameras.

The 450D uses SD or SDHC (SD cards over 4GB) cards and can capture up to 3.5 frames per second, and up to 53 shots in one continuous burst, ideal for capturing fast moving objects, such as the fast moving tarmac rally cars at the annual asp Adelaide Hills Tarmac Rally.

This 12.2 megapixel camera is quite light at just under 500g and is packed full of features. At 0.1 sec, it is astonishingly fast to start up and its 3.0 inch TFT screen is large, bright and clear and features Live View, meaning that you can view the image while composing the shot, just like you are used to be doing with a regular digital camera. This is very useful if you're not familiar with SLR, but it's hard to say how often

Among it's other skills, this camera can even clean itself, automatically, every time you turn it on or off. And if it happens to miss a spot, the camera notes where the dust was when you took the photo, so you can use the Canon Digital Photo Professional software included with the camera to remove the dust spots when you download the photos to your computer.

October in Tech History

October 18, 1871 marked the death of Charles Babbage, the man credited with the invention of the computer. Despite his fame and popularity in early life, the 79 year-old's funeral was attended by only 4 people, as his crusade against street organ grinders (the type with the dancing monkeys) in his last years alienated his friends & followers.

October 28 is Bill Gates birthday. Born in 1955, the Chairman of Microsoft is alternately hailed as a genius, and cursed everytime a computer user experiences a blue screen of death.

Sony began selling the first CD Players in Japan on October 1st, 1982, as well as the first album to be released on Compact Disc, Billy Joel's 52nd Street. The players and CD albums were released to the US and other markets in March 1983.

I want it - how can I get it?

Canon 450D dSLR is available from all good camera shops. Windows 7 will be available from [asp](#).

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VAGUELY INTERESTING iSNACK 2.0 AND THE WRATH OF THE INTERNET

The internet giveth, and the internet giveth some more - the internet rarely taketh away. Kraft were recently able to use the internet to run a competition to name it's new product, a blend of Vegemite and cream cheese.

And the internet brought forth an answer - iSnack 2.0, the next generation of Vegemite. As it turned out, it couldn't be called iSnack - some European chocolate bar already had that honour.

And then the internet brought ridicule and consumer backlash. Australians didn't like the name that had been decided upon, and

set out to spread their opinions far and wide. People of all backgrounds were suddenly writing ranting blogs about the name, which led to mass media interest.

The product seemed fairly irrelevant. Nobody was talking about what it tasted like, just how stupid the name was.

Lists of alternative names appeared online - honourable mention must go to "Soylent Brown - the food of the people".

Eventually Kraft decided to run a poll to rename the product. For them, this has been an

extremely successful marketing campaign - how many Australian's don't know about this product? The only unknown is whether it was planned, or just a happy accident.

It has now come to be known as Cheesybite - not Cheesymite, as that copyright is owned by Bak-ers Delight.

And for anybody who hasn't tried it, it tastes like a blend of Vegemite and cream cheese. The resulting milder taste will probably be less repulsive to tourists.



ASP BYTES: TALIA'S SPAGHETTI & CHEATBALLS

This is my fault. My daughter - at home with no food to be found - so she created with what was available - and it was phenomenal. Funny thing is, I love Spaghetti Meat Balls but hate making them as it takes so bloody long and this is a really quick and easy way of doing it - even though it's cheating.



12 Chevapchichis, cut into 1/4
2 Brown Onions, chopped
1 tsp Crushed Garlic
1 Can Diced Tomatoes
400 ml Tomato Passata
1/2 cup Water
3 tbsp Tomato Paste
2 tsp Basil - dried
3 tbsp Worcestershire Sauce
2 tsp Sugar
S&P

Freshly Grated Parmesan
Olive Oil splash
A Deep Sided Frypan or Saucepan to do all the precooking in and large enough to fit all the ingredients in to simmer.

Heat the pan on high and brown off the Chevapchichi "Cheatballs" in 2 lots using a little of the Olive Oil for each lot. Once done, place the balls in a dish.

In the same pan, brown off the Onions and Garlic, then add back the balls and the rest of the ingredients except the Sugar and the S&P, and combine well. Turn down the heat to low and leave to simmer for 10 minutes.

Add the Sugar and season with S&P to taste and simmer for another 5 minutes. With the Spaghetti that you should have already cooked while you were simmering the "Cheatballs", serve in a large warmed bowl and sprinkle liberally with the Grated Parmesan.

Yield: 3 - 4 servings
Prep Time: 10 minutes
Cook Time: 25 minutes
Difficulty: Easy Peasy